

PLANNED GIVING

# LEAVING A LEGACY IN YOUR WILL

MARK YOUR LIFE IN A SPECIAL  
WAY BY LEAVING A GIFT TO  
FIRST STEPS HIMALAYA





# THANK YOU!

**We are so grateful that you are considering leaving a gift to First Steps Himalaya in your Will.**

Without the generosity of people like you, we could not offer the support we do for rural Nepali children, teachers and their schools.

There is something so special about Nepal. The vastness of its breathtaking snow covered peaks, its vibrant, colourful culture, the warmth and welcome from Nepali people draw you in, time and time again.

We have a deep connection to Nepal and its people and are committed to improving the lives of young rural Nepali children and their communities.

A bequest in your Will contributes to the future sustainability of our organisation and ensures that the values and ideas you hold dear will continue into the future.

Your generous gift will help fund First Steps Himalaya's vital work educating children in their rural communities for many future generations.







A Gift in your Will...  
**CONTRIBUTES TO  
THEIR FUTURE**



# A MESSAGE FROM OUR FOUNDER DURGA

I grew up in a typical Nepali village, the youngest of eight children. My parents didn't understand the importance of education and only sent me to school for a few years, preferring to have me work the land. I walked miles up and down steep hills to school each day but when I got there the teacher was often absent. Although there have been some improvements in the education system since my day, young children are still left sitting in dark, dilapidated classrooms for hours. Teachers do not understand how to encourage children in their learning. They use loud voices and even physical or emotional punishment to control the children.

The picture is the same throughout rural Nepal. When Fionna and I started First Steps Himalaya we had a simple vision: to provide children in rural Nepali villages with quality early childhood education. When Fionna gave birth to our twins, I saw how children have far more opportunities in Western countries.

We decided to do something and First Steps Himalaya was born. We had no idea how our simple, cost effective method would end up being rolled out across Nepal. The need is enormous and we are only just scratching the surface.

A gift in your Will to First Steps Himalaya will allow us to continue our work long into the future, impacting the lives of thousands of children. Thank you so much for considering us.



Durga Aran Founding Director  
First Steps Himalaya





# YOUR KINDNESS REALLY MAKES A DIFFERENCE

Young children in rural Nepal are greatly disadvantaged. They do not have access to the resources needed for quality learning and play. Neither do their teachers have the training and knowledge to support play-based learning.

Imagine sending a young child to school knowing that they would sit in an empty, dark and dirty classroom, taught by poorly trained and demotivated teachers. Hundreds of thousands of families across Nepal face this reality every day.

With help from people like you, First Steps Himalaya creates happy, nurturing learning environments for young children and their teachers.







Leaving a  
Legacy will...  
**IMPROVE  
LEARNING**



# WHAT WE DO

## Our Work in Nepal

**First Steps Himalaya works on the ground in Nepal changing the lives of children by transforming their classrooms and training and empowering their teachers. We strongly believe that the key to bringing about positive change in rural Himalayan schools is the quality of the teaching.**

## Empowering Teachers

First Steps Himalaya trains local teachers throughout Nepal in modern professional teaching methods, appropriate to the children and their culture. Quality, nurturing teachers are the key to improved learning and life skills for children.

Many rural Nepali teachers have had no formal training in how to manage, let alone inspire small children. This lack of knowledge and motivation results in a lot of shouting, rote learning and a miserable classroom atmosphere.

Our effective, hands-on teacher training courses empower our rural Nepali teachers to create simple, engaging lessons. They learn how to make their own classroom resources from things they can find in their village

Teachers learn strategies to improve their teaching style to nurture a love of learning in their little students. They learn the importance of play in young children's development and how to foster kind behaviour management techniques.

# Ongoing School Support

We strive for long-term success for our trained teachers and their schools. First Steps Himalaya regularly visit project schools to track improvements, give feedback and provide support to teachers and the wider school community.

Over time, our rural Nepali teachers develop into confident, professional teachers, able to deliver effective, innovative and contemporary learning outcomes for the children in their classrooms.

**Supporting early childhood and schools bring long-term change for the children of rural Nepal.**





# Transforming Classrooms

First Steps Himalaya refurbish classrooms and provide resources to create a safe and stimulating learning environment, one that is suited to the local culture and that will support high-quality teaching.

Classrooms are developed from dirt floors to carpet, from wooden pallets for seats to having desks, from a single chalk board to access to crayons, paper and books.

With help from generous people like you, we:

- paint and refurbish classrooms
- provide classroom furniture and quality learning resources
- work tightly with the local community while improving the school ensuring they feel part of the improvement project







A Gift in your Will...

**EMPOWERS**

**TEACHERS**



# TEACHER TRAINING

## Our Work in Nepal

“

The training was wonderful. We have never had the opportunity to have this kind of training before.

ANU BASNET, TEACHER, SHREE  
MANJUSHREE BASIC SCHOOL, SOLUKHUMBU



“

It is so important to have the training that First Steps Himalaya provided. It was very effective and we can already see significant changes in our school.

MR KAMAL GURUNG HEADMASTER, SHREE  
TALO KUMUNDUNG SCHOOL, SYANGJA  
DISTRICT



“

I learnt so much from the new training. Now, I create my own [resources] from local material. The children love the changes.

PUNAM GURUNG, TEACHER, SHREE TALO  
KUMUNDUNG SCHOOL, SYANGJA DISTRICT





# Community Resilience

Regular parent education workshops encourage families to be involved in their young child's learning and development. We initiate active community education that targets alcohol/drug abuse, domestic violence and the trafficking of children, which, sadly, in rural Nepal is a real threat.

We work with community leaders to promote improved community well being emphasising household health and hygiene.

**A child's bright future relies on the strength of their family and surrounding community. That's why First Step Himalaya involves local families every step of the way when partnering with a school.**







Your Gift will...  
**STRENGTHEN  
FAMILIES**



# MAKING A GIFT IN YOUR WILL

## Information you'll need for your Will

Gifting to a charity in your Will is straightforward. We recommend you speak with your solicitor about making a Will, or changing your existing Will to include a bequest to First Steps Himalaya.

You will need to tell your solicitor or the trustee company, what kind of gift you want to make to First Steps Himalaya. They can help you select the type of gift that will best suit your estate and your wishes.

### Other information for your solicitor or trustee company:

Registered address:

18 Saddleback Road, Todd Valley, RD1, Nelson, New Zealand

First Steps Himalaya is registered with the NZ Charities

Commission, registration number: CC37534 New Zealand Business number (NZBN): 9429043092703

## Speak with your family and friends

If you choose to leave a gift to First Steps Himalaya in your Will, we encourage you to speak with your family and friends about your decisions so they can understand and support your charitable goals.

## Amending an existing Will?

If you already have a Will, you can amend it by adding a codicil. This is a document which outlines any changes or additions to your existing Will. Your solicitor can help you add your chosen gift to First Steps Himalaya with a codicil or by drafting a new Will.



# DIFFERENT TYPES OF BEQUESTS/GIFTS

There are a number of ways you can leave a gift in your Will to support young Nepali children's education, including:

## **Residuary Gift**

This is when you gift some or all of the remainder of your estate after you have provided for your loved ones, and debts and estate administration costs have been paid. You can choose to leave the entire remainder of your estate (known as the residue) to First Steps Himalaya or gift a percentage. Just a small amount, such as 5% or 10%, can make a large difference. This type of gift is inflation-proof and will keep its value over time. There is also no need to specify a precise dollar amount for your gift.

## **Pecuniary Gift**

Here you specify a precise amount of money as a gift to First Steps Himalaya in your Will.

## **Specific Gift**

This is when you choose something specific of value such as a property, an antique or shares to set aside as a gift for First Steps Himalaya.

## **Whole Estate**

Here you leave your entire estate to a charity. This is usually chosen by those without beneficiaries or those wanting to achieve something very significant





A gift in your Will...  
**IS APPRECIATED**



# SUGGESTED WORDING FOR YOUR GIFT

## **Residuary Gift**

“I give the residue [or % share of the residue] of my estate to First Steps Himalaya (registered NZ charity number CC37534), for its general purposes, and I declare that a receipt given by the Treasurer or other proper officer of First Steps Himalaya shall be an absolute discharge to my Trustees.”

## **Specific Gift of property**

“I give to First Steps Himalaya (registered charity number CC37534) for its general purposes, all of my interest in the property at [insert full address of property or exact description of item to be gifted] free of all mortgages and other charges together with all fitted carpets and other fitted floor coverings, blinds, drapes, curtains and light fittings in the property and I declare that a receipt given by the Treasurer or other proper officer of First Steps Himalaya shall be an absolute discharge to my Trustees.”

## **Pecuniary Gift**

“I give to First Steps Himalaya (registered charity number CC37534) for its general purposes, the sum of [insert Amount] and I declare that a receipt given by the Treasurer or other proper officer of First Steps Himalaya shall be an absolute discharge to my Trustees.”

## **Specific gift of shares**

“I give to First Steps Himalaya (registered charity number CC37534) for its general purposes, all of my shares (and rights to shares) in [insert full name of company] free of all security interests and I declare that a receipt given by the Treasurer or other proper officer of First Steps Himalaya shall be an absolute discharge to my Trustees.”



# KEY LEGAL WORDS AND WHAT THEY MEAN

Assets: The property (including money, land, houses and chattels) that someone owns.

Beneficiary: A person, or an organisation, to whom you leave a gift in your Will.

Bequest: A gift you leave in your Will to a person or organisation. See also Legacy.

Codicil: A document that records changes or additions to an existing Will. The codicil doesn't cancel the original Will. It changes that Will or adds to it.

Estate: The total sum of your possessions, property and money left at the time of your death after debts have been paid.

Executor: Person(s) appointed by you to collect in your assets following your death, pay your debts and ensure the wishes in your Will are carried out.

Intestate: The term for a person who dies without having a Will. Under the rules of intestacy, if you die without a Will, your estate is distributed to certain family members in specified shares. If you don't have surviving blood relations, your estate will go to the Crown.

Legacy: A gift you leave in your Will to a person or organisation. See also Bequest.

Life Insurance: Insurance that pays the policy owner or a designated beneficiary a sum of money on the death of the insured person or after a set period.

Life Interest: The right of a beneficiary to benefit from part or all your estate for their lifetime. For example, a Will could give a relative/friend the right to live in a property for their lifetime.

Probate: An official order by the courts that a Will is valid, giving the executor(s) authority to administer the estate. After your death, your executor(s) will need to apply for probate from the courts. Probate is granted on the production of the last Will of the deceased and a supporting affidavit from the executors. This Probate order then gives your executor(s) the authority to administer your Will and distribute your estate according to your wishes.

Residue: The total sum of your possessions, property and money left at the time of your death after your debts, estate administration expenses and all specific gifts to beneficiaries have been paid.

Will-maker: A person who has made a Will.



# CONTACT US IF YOU WISH

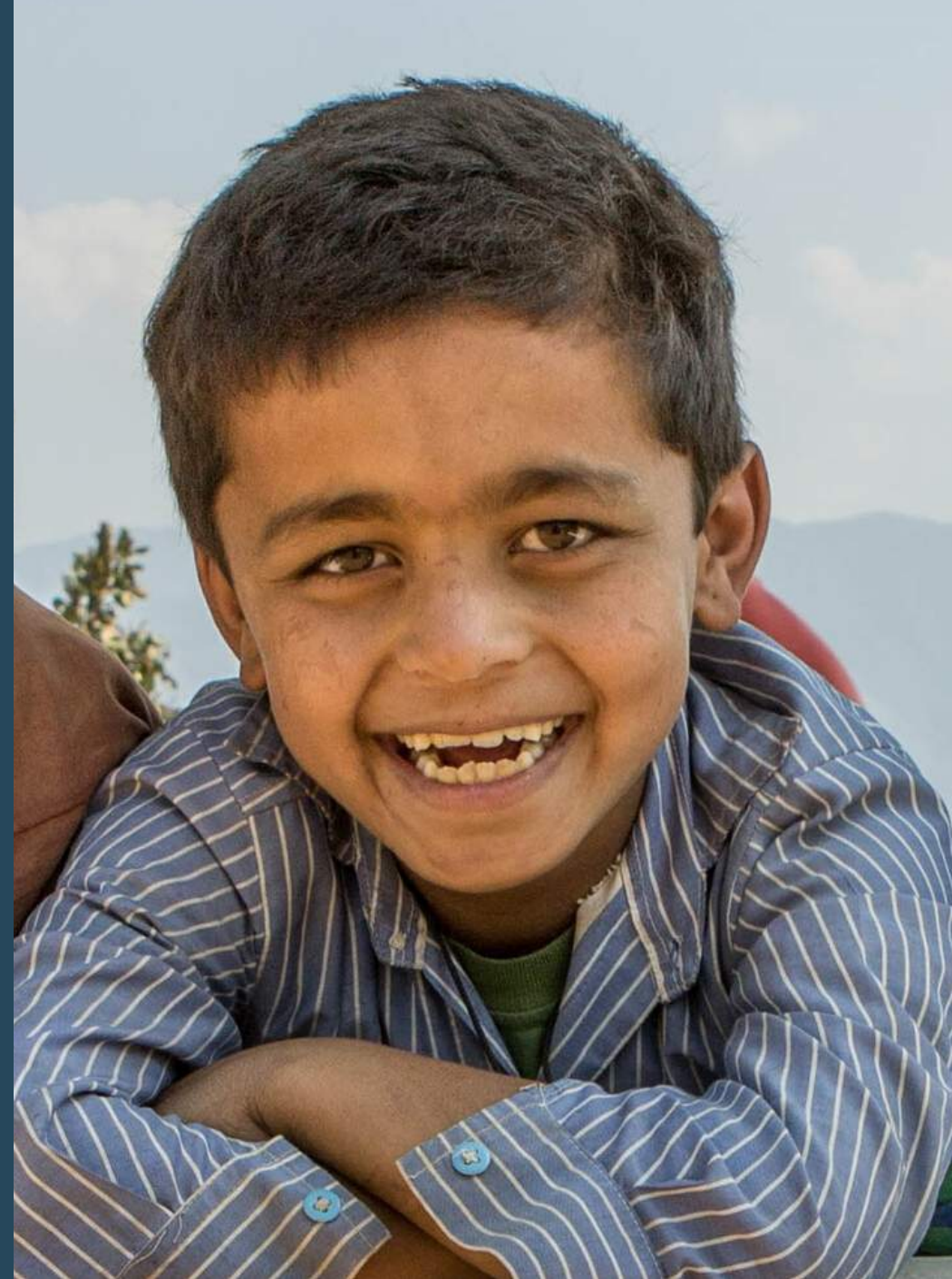
We understand that leaving a bequest can feel like a very private matter. If you wish, we would love to hear from you about your intention of including First Steps Himalaya in your Will so we can thank you and keep you informed of the impact we are having and our plans for the future.

We would be delighted to talk with you about how your gift will allow us to continue our work in Nepal.

Please feel free to contact us directly :  
E: [director@firststepshimalaya.org](mailto:director@firststepshimalaya.org)  
Ph: 0064 3 53451903 (during NZ office hours)







**NAMASTE!**



# A gift in your Will... changes lives for village children all across Nepal

Whoever you are, whatever your situation, you can make a big difference and help create a better world for young Nepali children into the future.

We are extremely grateful to all who choose to mark their life in this special way.



Feel free to contact us at any time for support or further information.

E: [admin@firststepshimalaya.org](mailto:admin@firststepshimalaya.org)

[www.firststepshimalaya.org](http://www.firststepshimalaya.org)

@firststepshimalaya

18 Saddleback Road, Todd Valley, RD1, Nelson, New Zealand

First Steps Himalaya is a registered charity in New Zealand.

Charity registration no. CC37534